

TRANSITIONAL AGE YOUTH  
PSYCHIATRIC CONSULTATION SERVICE  
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REFERENCE LIST FOR CLIENTS AND FAMILIES

**OCD**

*What to Do when Your Child Has Obsessive-Compulsive Disorder: strategies and solutions.* Wagner AP. Rochester, NY: Lighthouse Press, 2002.

*Stop Obsessing! How to overcome your obsessions and compulsions, revised edition.* Foa EB, Wilson R. New York, NY: Bantam Books, 2001.

*The OCD Workbook: your guide to breaking free from obsessive-compulsive disorder.* Oakland, CA: New Harbinger Publications, 1999.

*Getting Control: overcoming your obsessions and compulsions, revised edition.* Baer L. New York, NY: Plume, 2000.

*Obsessive-Compulsive Disorders: a complete guide to getting well and staying well.* Penzel F. New York, NY: Oxford, 2000.