Waypoint Research Institute
4th Annual Conference

Implementing Evidence-Based Practices in Mental Health & Addictions

MAY 17-18, 2016
Holiday Inn Barrie Hotel & Conference Centre
Barrie, ON
http://www.hibarrie.ca/

Keynote Speakers
Laura Damschroder
Jeremy Grimshaw

Conference Themes
✦ Evidence-Based Practice
✦ Implementation Science
✦ Knowledge Translation or Mobilization
✦ Quality and Systems Improvement

Package Includes the Following Conference Information:
✦ Conference Program Details
✦ Registration
✦ Accommodations
✦ Directions

For more information go to our website: http://goo.gl/XoFa4I

#WRICconference2016

Register Now on Eventbrite™
ABOUT

As in many other public sectors, Mental Health and Addictions services are increasingly being asked to demonstrate that they are providing evidence-based services for their patients/clients. This conference will be aimed at exploring this issue, some of the challenges that we face in meeting this goal, strategies to overcome the challenges, and successes we can all learn from.

This conference will feature diverse topics, both academic and applied, on knowledge translation/mobilization, implementation science, and quality/systems improvement in mental health and addictions, and at the interface between mental health and other related systems (e.g., education, corrections). Attendees will have access to workshops, as well as traditional academic paper presentations.

The target audience for this conference is anyone with an implementation science, and issues relating to evidence-based practices in mental health and addictions. The focus is interdisciplinary, and may be of interest to any of the following:

- Hospital or community-based clinicians
- Project managers
- Students
- Leaders and policy-makers in mental health and addictions
- Researchers and academics
- Consumers/Survivors
- Persons in recovery

REGISTRATION

To register for this conference, please go to: http://wriconference2016.eventbrite.ca

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<th>Registraznt</th>
<th>Early bird – Before March 31</th>
<th>Regular – April 1 to May 2</th>
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<tr>
<td>Student*</td>
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<td>Waypoint Staff**</td>
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* Students must send proof of student status by fax 705-549-5238 or email researchevents@waypointcentre.ca.
** Waypoint Staff are required to have their manager’s approval.
*** Due to the discounted rate given to presenters, an adjustment cannot be made if you can only attend one day of the conference. However, if you can only attend one day, then you can send a delegate in your place for the 2nd day. Please email researchevents@waypointcentre.ca to make arrangements for a delegate.

If you have any questions, please contact Jessica Caston at researchevents@waypointcentre.ca
DIRECTIONS

The conference is located at:
Holiday Inn Barrie Hotel & Conference Centre
20 Fairview Dr
Barrie, ON

Click on the image to get driving directions.

For GO Train users, the venue is closest to Allendale Waterfront GO Station.

Simcoe County Airport Service
http://www.simcoecountyairportservice.ca/
1-800-461-7529

Taxi Services in Barrie
Barrie Taxi Ltd
http://www.barrietaxi.com/
705-721-7777

Deluxe Taxi
http://www.deluxtaxi.ca/
705-728-4444

ACCOMMODATIONS

There are many hotels in the area that can be booked for your stay. A block of rooms has been reserved at the Holiday Inn Barrie Hotel & Conference Centre (20 Fairview Rd, Barrie), under “Waypoint Conference”. This block of rooms will be held until April 26th. These special rates will still be available until May 16th based on room availability.

The rates are as follows:

- Standard room (2-double bed or 1 king with pull-out sofa) — $117.00/night
- Executive King or Executive Queen — $137.00/night

Reservations can be made online at: http://www.hibarrie.ca/, or by calling:
- Central Reservations: 1-877-728-6191
- Hotel Direct: Phone: 705-728-6191
Implementation Research: Where Theory and Praxis Collide
Laura Damschroder, MS, MPH

All too often, benefits of evidence-based practices are not fully realized in real-world clinical settings compared to those seen in controlled clinical trials. A series of case studies will be presented showing how a theory-derived framework can be used in practical ways that also contribute to the scientific knowledge-base. Approaches to gain understanding about what innovations and strategies work in which settings and why will be described. Syntheses of findings across multiple studies that all used a framework consistently will demonstrate how knowledge can be built more efficiently and effectively. Practical tools can then be developed for practitioners who lead implementations of evidence-based practices to improve the health and well-being of their patients.

Laura Damschroder is an international leader in advancing the science of implementation. She is the lead author of the seminal paper introducing the Consolidated Framework for Implementation Research (CFIR). This paper is one of the most highly accessed papers in the journal Implementation Science; it has been cited by over 400 published peer-reviewed articles and is applied in many studies across scientific disciplines and diverse settings. She has been a visiting scholar to several academic institutions around the world and has been a member of numerous expert panels developing methods and guidelines for advancing the science of implementation. She is research scientist with the Veteran’s Affairs Center for Clinical Management Research in Ann Arbor, MI.
**Tuesday, May 17, 2016 - Continued**

10:15 – 11:15 am  **Concurrent Session A 3**  Innisfil Room

**Workshop**
Getting Funded: Writing a Successful Research Grant Proposal  
*Della Saunders, PhD*

10:15 – 11:15 am  **Concurrent Session A 2**  Essa/Oro Room

**Oral Paper Session—Psychosis**
Development of a Group CBT for Psychosis Manual for an Inpatient Population with Complex Needs  

Staff Experiences with Extreme Behaviours Associated with Psychosis  
*N. Zoe Hilton, PhD, C.Psych; Alecia Dretzkat, BA, OCGC; Elke Ham, OCGC*

11:15 am – 12:15 pm  **Concurrent Session B 1**  Churchill Ballroom

**Oral Paper Session—Alternative Methods**
Indigenous Men’s Health Narrative: Photovoice as Method and as a Catalyst for Change  
*Victoria Smye, RN, PhD; Willian Mussel, MEd*

Understanding the Present through the Past? A Case Study of the Waypoint History Walk  
*Jennifer L. Bazar, PhD*

11:15 am – 12:15 pm  **Concurrent Session B 2**  Essa/Oro Room

**Workshop**
Knowledge Translation Through Integrated Care Pathways: The Forensic Early Intervention Service  
*Kiren Sandhu, MSW, RSW; Alexander (Sandy) Simpson, MBChB; Kiran Patel, BSc (Hons), MBBS, MRCPsych; Jyll Simmons, HBSc*

11:15 am – 12:15 pm  **Concurrent Session B 3**  Innisfil Room

**Oral Paper Session—Forensics**
Families Perception about Care of Forensic Out-Patients  
*Maria Reitmeier, SW, BSW; Mary-Lou Martin, RN, MScN, MEd; Ivana Furimski, RN, BScN, MN*

Q. I. From on High: A Prescribed Quality Improvement Intervention, Its Origins, Development and Impact on a Treatment Team in a Medium Secure Forensic Setting  
*Melissa Berquist, RN, BScN, MN; Ken Laprade, MA; Tracy Wrong, MHA, CHE; Steve Duffy RN, BScN*

12:15 – 1:15 pm  **Lunch - Spynn Restaurant**
Concurrent Session C1

1:15 – 2:45 pm

**Oral Paper Session—Large-Scale Implementation**

*Moving Beyond Practice: How to Implement System Change for Transitional Aged Youth*
Shauna MacEachern, MA; Al Cudmore; Samantha Delenardo; Megan Tiernan; Kristin Morin; Emma Firsten-Kaufman

*Implementing mindfulness-based cognitive therapy (MBCT): A mixed qualitative study exploring evidence use from multiple stakeholder perspectives in forty NHS trusts in the UK*
Felix Gradinger, MA, MSc, PhD; Heledd Owen Griffiths, BA(Hons), MA; Rob Anderson, BA(Hons), MSc, MA, PhD; Rebecca S. Crane, DipCot PFHRA, MA, PhD; Andy Gibson, BSc(Hons), MA, PhD; Stewart Mercer, MSc, PhD, MBChB, FRCGP; Jo Rycroft-Malone, RGN, BSc(Hons), MSc, PhD; Willem Kuyken, BSc(Hons), PhD, D ClinPsy

*The Sustainability of the At Home/Chez Soi Housing First Programs in Canada*
Tim MacLeod; Geoffrey Nelson; Eric Macnaughton; Rachel Caplan; Paula Goering; Myra Piat

Concurrent Session C2

1:15 – 2:45 pm

**Symposium**

*Integrated Care Pathways: Reducing Unnecessary Variations in Care in Mental Health and Addictions*

*Symposium Chair: Peter Voore, MD*
*Discussant: Saima Awan, MBA*

Integrated Care Pathways Approach to Manage Agitation and Aggression Related to Alzheimer’s Dementia
Tarek Rajji, MD; Saima Awan, MBA; Simon Davies, DM; Donna Kim, MD; Amer Burhan, MBChB; Rong Ting, RN; Joydip Banerjee, MHSc; Christopher Uranis, MN; Holly Ito, MSW; Amy Gowling, R/TRO; Camilo Yang, Camilo, MScOT.; Ariel Graff, MD; Phillip Gerretsen, MD; Vincent Woo, MD; & Benoit Mulsant, MD

First Episode Psychosis Integrate Care Pathway in an inpatient setting
April Collins, MSW; Saima Awan, MBA; Shivali Kapila; Diane Kirsopp; George Foussias, MD; Aristotel Voineskos, MD, PhD; Ofer Agid, MD

The DA VINCI Project: Scaling Up an Effective Integrate Care Pathway
Andriy V. Samokhvalov, MD PhD; Saima Awan, MBA; Peter Voore MD
Tuesday, May 17, 2016 - Continued

1:15 – 2:45 pm Concurrent Session C3 Innisfil Room

**Oral Paper Session—Collaboration & Partnerships**

*Partnering for Improvement: Piloting and Evaluating a COAST Team in Barrie*

*Michael Dunn, MSc; Bob Fehir, BA, MSW, RSW; Himanshu Shah*

*Dual Diagnosis; Crisis Collaboration that Works!*

*Kelly Falconer, MSW, RSW; Leah Jeffrey, BA*

*Community Collaboration: A Case Study in Building Concurrent-Informed Substance Use Services in a Social Service Agency*

*Ashley Ward, MA; Ava Dideban, MBA; Jodi Younger, MASc, MSc, C.Psych.Assoc.; Holly Raymond, MSW, RSW*

2:45 – 3:00 pm Break and Exhibitor Viewing

3:00 – 4:30 pm Concurrent Session D1 Churchill Ballroom

**Symposium**

*Evaluation: The Silent Driver in Sustaining the Implementation of Evidence-Based Practices in Mental Health and Addictions Systems*

*Symposium Chair: Sandra Cunning, PhD, CE*

*Discussant: Frank Sirotich, MSW, PhD*

*Coaching to Data: The Key to Implementation, Sustainability, Outcomes, and Quality Improvement in Mental Health and Addictions*

*Andrea Flynn, PhD; Elizabeth Lin, PhD*

*Using Capacity Assessment to Improve Quality of Early Psychosis Intervention Program Delivery in Ontario*

*Janet Durbin, PhD*

*Uniting Multiple Projects Through Common Evaluation Approaches*

*Jennifer A. McDonald, PhD; Jennifer Christian, MSc, MA*

*Systems Improvement through Service Collaboratives: The Challenge of Evaluation across Time and Space*

*Karen MacCon, PhD*
3:00 – 4:30 pm    Concurrent Session D2    Essa/Oro Room

**Oral Paper Session—Trauma**

The Relationship of Interpersonal Trauma Exposure with Substance-related and Behavioral Addictions: A Systematic Review  
*Barna Konkoly-Thege, PhD; Lewis Horwood, BA; Linda Slater, MSc; Maria C. Tan, MSc; David C. Hodgins, PhD; T. Cameron Wild, PhD*

Sexual Offending and Adverse Childhood Abuse Experiences  
*Jennifer Roters, MA; Liam Marshall, PhD; Janine Blacker, PhD; Matt Keating, MA; & Laura C. Ball, MA*

Patient’s and Staff Perspectives on Trauma Informed Care  
*Mary-Lou Martin, RN MScN Med; Lisebeth Gatkowski, RN BScN; Fran Szypula, RN BScN; Fiona Wilson, MSc; Debbie Bang, RN BScN; Yasir Rehman, MSc*

3:00 – 4:30 pm    Concurrent Session D3    Innisfil Room

**Oral Paper Session—Health Promotion & Literacy**

Saying When: Increasing Awareness of Canada’s Low-Risk Alcohol Drinking Guidelines through an Innovative Knowledge Tool  
*Tamar Meyer, MA; Tim Tripp, BSc, MLIS; Monica Nunes, MPH*

HIV Health Literacy and Health Equity and Their Impact on Racialized and Stigmatized Communities Living with HIV/AIDS  
*J. Roy Gillis, PhD; Mercedes Umana, MEd; Daniel Schluter, PhD; Angela Palangi, MA; Roberta K. Timothy, PhD*

Pathways to Promoting Mental Health: A 2015 Survey of Ontario Public Health Units  
*Monica Nunes, MPH; Tamar Meyer, MA; Linda Yoo, MPH*
Wednesday, May 18, 2016

8:30 – 8:45 am
Main Floor Hallway
Exhibitor Set-Up

8:45 – 9:00 am
Churchill Ballroom
Opening Remarks

9:00 – 10:00 am
Churchill Ballroom
Keynote
Jeremy Grimshaw, MBCHB, PhD, FRCGP, FCAHS

Dr. Jeremy Grimshaw is a Senior Scientist at the Ottawa Hospital Research Institute in the Clinical Epidemiology Program, a Full Professor in the Department of Medicine at the University of Ottawa & holds a Tier 1 Canada Research Chair in Health Knowledge Transfer and Uptake. He received an MBChB (MD equivalent) from the University of Edinburgh, UK. Prior to undertaking a PhD in health services research at the University of Aberdeen, UK, he trained as a family physician. Since moving to Canada in 2002, he has been awarded over $46M in PI funding and $61M in Co-I funding from CIHR and other international funding sources.

He has trained graduate students in various disciplines and mentored new investigators. Two of his trainees have been awarded the CIHR IHSPR Rising Star Award (J. Squires & N. Ivers).

His research focuses on the evaluation of interventions to disseminate & implement evidence-based practice. He has a strong track record of research dissemination with over 470 peer reviewed publications generating an H-index of 72. He was the principal investigator of Knowledge Translation Canada (KT CANADA), a CIHR and CFI funded interdisciplinary network of over 50 knowledge translation researchers from six academic health science centres in three provinces.

Dr. Grimshaw is internationally recognized as an expert in knowledge translation & implementation research. In 2013, Cochrane Canada led by Dr. Grimshaw as Director since 2005 received the CIHR KT Award. He also was co-ordinating editor of the Cochrane Effective Practice and Organisation of Care group from 1997-2015.

10:00 – 10:15 am
Break and Exhibitor Viewing

10:15 – 11:15 am
Churchill Ballroom
Concurrent Session A1

Oral Paper Session—Implementing Evidence-Based Assessments
Using Client Perception of Care in a Quality Improvement Context—Ontario Perception of Care Tool for Mental Health and Addictions
Renée Behrooz, MSc; Kevin Acuna, BSc

Evidence-Based Practices in Suicide Risk Assessment that Promote Safety and Reduce Stigma: A Mixed Methods Study to Evaluate Guideline Recommendation Implementation
Elaine Santa Mina, RN, PhD; E. McCay, RN, PhD; D. Rose, RN, PhD; & Beth Hamer, RN, MSc
Wednesday, May 18, 2016 - Continued

10:15 am – 11:15 am  Concurrent Session A2  Essa/Oro Room

Workshop
Beyond Data: Routine Outcome Monitoring for Positive Clinical Effect in a Wilderness-based Residential Addictions Treatment Program
Jeff Couillard, MA

10:15 am – 11:15 am  Concurrent Session A3  Innisfil Room

Oral Paper Session—Medications
A Study of Non-Pharmacological Interventions and Psychotropic Pro Re Nata (PRN) Medication Use with Psychiatric Inpatients
Krystal Martin, PhD, C.Psych; Vinita Arora, RPh, BScPhm, ACPR, Med, PharmD; Ilan Fischler, MD, FPCPC; Renee Tremblay, RN

Consequences of Treatment Refusal Among Waypoint Provincial Forensic Patients
Jamie Karaganis, MD, FRCPC; Liam Marshall, PhD; Howard Barbaree, PhD, C.Psych; Lauren Wright, MSc

11:15 am – 12:15 pm  Concurrent Session B1  Churchill Ballroom

Discussion
Mental Health Courts in Ontario: A Review of the Initiation and Implementation of Mental Health Courts Across the Province
Seble Makonnen; Kashfia Alam

11:15 am – 12:15 pm  Concurrent Session B2  Essa/Oro Room

Workshop
Building Equity into System-Level Initiatives with the Health Equity Impact Assessment
Lia De Pauw; Janet McAllister; Alexandra Lamoureux; Christie Collins-Williams

11:15 am – 12:15 pm  Concurrent Session B3  Innisfil Room

Oral Paper Session—Mental Health Across the Lifespan
Sleep Patterns and Associated Risk Factors for Mental Health Symptoms in Students Pursuing Post-Secondary Education: A Systematic Review
Efrosini A. Papaconstantinou, RN, PhD; Kathleen Smith, MHSc; Gail Lindsay, RN, PhD; Pierre Cote, DC, PhD; Anne Taylor-Vaisey, BA, MLS; Heather Shearer, DC, MSc

Care Pathways for Youth and Older Adults Experiencing Harms from Prescription Drug Use: Evidence and Knowledge Gaps
Sheena Gereghty, PhD; Sarah Wallingford, PhD

12:15 – 1:15 pm  Lunch  - Buffet Ballroom
Wednesday, May 18, 2016 - Continued

1:15 – 2:45 pm  Concurrent Session C1  Churchill Ballroom

**Symposium**

Gender Transformative Practice in Substance Use and Addiction  
*Symposium Chair: Joanna Henderson, PhD, C.Psych*

Gender Transformative Practice in Substance Use and Addiction  
*Lorraine Greaves, PhD*

Men and Smoking: Sex-Specific and Gender-Sensitive Approaches to Support Cessation  
*Joan Bottorff, PhD, RN*

Why Do Sex and Gender Matter in Opioid Addiction?  
*Zena Samaan, PhD, MRCPsych (UK)*

1:15 – 2:45 pm  Concurrent Session C2  Essa/Oro Room

**Oral Paper Session—Implementing Evidence-Based Treatments**

Implementing Motivational Interviewing in Community Mental Health Organizations: Reconceptualising Supervisor Roles in the Adoption of Evidence-Based Treatments  
*Raluca Barac, MA, PhD; Melanie Barwick, PhD, C.Psych.*

Creating an Integrated Day Treatment (IDT) Service for Clients with Primary Mood and Anxiety Disorders and Other Complex Needs  
*Laura Loli-Dano, MSc Couns., Dipl. Health Care Managm., RSW, CCC; Claudia Tindall, MSW, RSW*

Implementation and Early Outcomes of an Integrated Care Pathway for Bipolar Depression  
*Shivali Kapila, BSc. CAPM; Saima Awan, MBA, PMP, Lean Six Sigma (BB); Tanja Kotolenko, RN BScN; Claudia Tindall, MSW, RSW; Laura Loli-Dano, MSc Couns., Dipl. Health Care Managm., RSW, CCC; Peter Voore, MD FRCPC; Nurit Postelnik, BA, Psychology; Megan Lewry, BCom; Gaby Abraham, MD, FRCP(C)*

1:15 – 2:45 pm  Concurrent Session C3  Innisfil Room

**Oral Paper Session—KT & Knowledge Products**

Assessing Research for KTE Readiness: A Tool for End-of-Grant KTE  
*Travis Sztainert, PhD*

How Accessible is Your Knowledge Product? A Four-Level Framework for Accessibility  
*Iva Cheung, MSc, MPub (PhD candidate)*

**Applied Knowledge Mobilization to Improve Evidence-Based Decision-Making in Mental Health—The CADTH Approach**  
*Eftyhia Helis, MSc; Janice Mann, MSc, MD; Janet Crain*
Wednesday, May 18, 2016 - Continued

2:45 – 3:00 pm Break and Exhibitor Viewing

3:00 – 4:30 pm Concurrent Session D1 Churchill Ballroom

**Oral Paper Session—Concurrent Disorders**

**Concurrent Disorders among Men Admitted for Forensic Assessment**
N. Zoe Hilton, PhD, C.Psych; Shari McKee, PhD, C.Psych; Lauren Wright, MSc; Michelle Green, PhD, C.Psych; Elke Ham OCGC

**Adaptation of an Acute Psychiatric Unit to a Concurrent Disorders Unit to Increase Capacity and Improve Patient Care**
Joseph A. De Leo, PhD; Holly Raymond, MSW, RSW; Michael Amlung, PhD; Talia Hashmani; Jodi Younger, MASc, MSc; James MacKillop, PhD

**Using Dialectical Behaviour Therapy with Women in a Forensic Setting: Exploring Concurrent Disorders among Women**
Mandy Marsden, MA Counseling Psychology, BA Psychology, RSSW, RP, CT

3:00 – 4:00 pm Concurrent Session D2 Essa/Oro Room

**Workshop**

**EPYC: Introduction to an Interactive Evaluation Tool for Youth Addiction Service Providers**
Laura Mills, PhD

3:00 – 4:30 pm Concurrent Session D3 Innisfil Room

**Oral Paper Session—KT Processes**

**The Application of Business Analysis Principles to the Field of Knowledge Translation**
Anneliese Poetz, PhD

**Moving Staged Screening and Assessment Tools from Research to Implementation: Use of the Interactive Systems Framework**
Nandini Saxena, MSW; Luciana Rodrigues, MPH; Cara Mirabelli, MSW; Jason Guriel, PhD; Kim Baker, BA

**Evaluation of the “Let’s Talk: Finding Reliable Mental Health Information and Resources” Pilot Program for Grades 7 and 8 Students in Three Ontarian School Boards and One Independent School in Quebec**
Cameron Montgomery, PhD; Natalie Dimitra Montgomery

4:30 – 4:45 pm Churchill Ballroom

Closing Remarks
For questions please contact our Conference Committee at:

researchevents@waypointcentre.ca