

TRANSITIONAL AGE YOUTH
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REFERENCE LIST FOR CLIENTS AND FAMILIES

Bipolar Disorder

New Hope for Children and Teens with Bipolar Disorder: your friendly, authoritative guide to the latest in traditional and complementary solutions. Birmaher B. Three Rivers Press, 2004

Bipolar Disorders: a guide to helping children & adolescents. Waltz M. O'Reilly, 2000

Bipolar Disorder: a guide for patients and families. Mondimore FM. John Hopkins University Press, 1999.

Surviving Manic Depression: a manual on bipolar disorder for patients, families, and providers. Basic Books, 2002.

The Bipolar Disorder Survival Guide. Miklowitz DJ. Guildford Press, 2002.

Living Without Depression and Manic Depression: a workbook for maintaining mood stability. Copeland ME. New Harbinger, 1994.

A Brilliant Madness. Duke P, Hochman G. Bantam Books, 1993.

An Unquiet Mind. Jamison KR. New York, NY: Random House, 1995.