



TRANSITIONAL AGE YOUTH
PSYCHIATRIC CONSULTATION SERVICE
PHONE: 705-333-1751
FAX: 705-527-1780

REFERENCE LIST FOR CLIENTS AND FAMILIES

Borderline Personality Disorder

<http://www.borderlinepersonalitydisorder.com>

<http://www.bpdcentral.com>

<http://www.middle-path.org>

www.bpdresourcecenter.org

www.behavioraltech.org

<http://www.tara4bpd.org/index.html>

Borderline Personality Disorder in Adolescents: A Complete Guide to Understanding and Coping When Your Adolescent has BPD. Aguirre BA. Fair Winds Press, 2007.

New Hope For People with Borderline Personality Disorder. Bockian N, Villagran NE. Random House, 2002.

I Hate You, Don't Leave Me. Kreisman JJ, Straus H. New York, NY: Avon Books, 1991.

Don't Let Your Emotions Run Your Life: how dialectical behaviour therapy can put you in control. Spradlin SE. New Harbinger Publications, 2003.

Skills Training Manual for Treating Borderline Personality Disorder. Linehan M. New York, NY: The Guilford Press, 1993.

Dialectical Behavior Therapy with Suicidal Adolescents. Miller A, Rathus JH, Linehan MM. Guilford Press, 2006.

Overcoming Borderline Personality Disorder: a family guide for healing and change. Porr V.

The Borderline Personality Disorder Survival Guide: everything you need to know about living with BPD. Chapman A, Gratz K.

Stop Walking on Eggshells. Mason PT, Kreger R.

Borderline Personality Disorder Demystified. Friedel R.