

How TAY works...

- Referrals can be made by physicians, pediatricians and nurse practitioners in the Midland / Penetanguishene area by completing a TAY request for psychiatric consultation form.
- The request for psychiatric consultation form is faxed to Waypoint's TAY Office at 705-527-1780.
- The request for psychiatric consultation form is reviewed for suitability.
- Upon acceptance of referral, a self-report form is provided to the client.
- Upon receipt of a completed self-report form, an appointment will be scheduled.
- Where applicable, consent for collateral information will be requested.
- Following the appointment, a comprehensive consultation report is provided to the health care provider with diagnostic assistance, treatment advice and recommended follow-up.
- A check-in will occur with the client following the consultation to reinforce recommendations, identify barriers to follow-up and assist in connecting to follow-up recommendations.

Crisis Services

Mental Health Crisis Line

705-728-5044

7 days a week, 24 hours a day

Kids Help Phone

1-800-668-6868

www.kidshelpphone.ca



Shaunna Brady, MSW, RSW
TAY Coordinator
Waypoint
Centre for Mental Health Care
500 Church Street
Penetanguishene, ON L9M 1G3
Phone: 705-333-1751
Fax: 705-527-1780
sbrady@waypointcentre.ca
www.waypointcentre.ca

Waypoint 
*Advancing Understanding.
Improving Lives.*
*Avancer la compréhension.
Améliorer la vie.*
CENTRE for MENTAL HEALTH CARE
CENTRE de SOINS de SANTÉ MENTALE

Transitional Age Youth Tele-psychiatry Consultation Service (TAY)



Vision

As an inspired organization, we will change lives by leading the advancement and delivery of compassionate care.

Mission

We are a Catholic hospital committed to providing excellence in specialized mental health and addictions services grounded in research and education and guided by faith-based values.

Caring

Respect

Accountability

Innovation

Youth and Mental Illness

Early, community-based intervention can help youth avoid unnecessary and potentially traumatizing psychiatric hospitalizations. Admission to an adult psychiatric unit can often be traumatic for the younger individual and their family.

The Mental Health Commission of Canada has documented that half of all mental disorders begin by age 14 and 75% begin by age 24. Further, the Commission notes that suicide is the second leading cause of death among young people aged 15 to 24 in Canada.

The fear of stigma often delays diagnosis and treatment, therefore early intervention can make an enormous difference over a lifetime.



What is the Transitional Age Youth Tele-psychiatry Consultation Service?

The Transitional Age Youth Tele-psychiatry Consultation Service provides a one-time consultation for youth ages 16 to 24 who are experiencing serious mental health concerns or at risk of developing them.

The service is geared to the consultation needs of health care providers with the goal of supporting effective early interventions.

It is being piloted in the Midland and Penetanguishene area four days per month offering health care providers diagnostic assistance, treatment advice and recommended follow-up.

Tools and Resources

Canadian Mental Health Association
www.cmhasim.ca

Catholic Family Services
www.cfssc.ca

Centre for Addiction and Mental Health
www.camh.net

Child and Youth Mental Health Toolkits
www.shared-care.ca/toolkits

Children's Mental Health Ontario
www.kidsmentalhealth.ca

Family Mental Health Initiative
www.fmhi.ca

Georgian Bay Native Friendship Centre
www.gbnfc.com

Kids Help Phone
www.kidshelpphone.ca

Kinark Child and Family Services
www.kinark.on.ca

Lesbian Gay Bi Trans Youth Line
www.youthline.ca

Life Skills and Independence for Teens (LIFT)
www.linkingyouth.ca/lift

Mind Your Mind
www.mindyourmind.ca

Teen Mental Health
www.teenmentalhealth.org

The Jack Project
www.thejackproject.org

Wendat Community Programs
705-526-1305

Advancing Understanding. Improving Lives.