



# Brighter Future Legacy Circle

Your Lasting Legacy for Mental Health



**Waypoint**  
CENTRE for MENTAL HEALTH CARE

Advancing Understanding.  
Improving Lives.



# You can give the gift of wellness and recovery— and change the future of mental health, addictions, and specialized geriatric care and treatment for children, youth, adults and seniors.

Everyone has mental health and will experience challenges regarding their mental well-being, but not everyone will experience a mental illness. Mental illness indirectly affects all Canadians at some time either through their own experience, or that of a family member, friend or colleague.

Mental illness and addiction affects people of all ages, education, income levels, and cultures; however, systemic inequalities such as racism, poverty, homelessness, discrimination, colonial and gender-based violence, among others, can worsen mental health and symptoms of mental illness, especially if mental health supports are difficult to access.



## **We all know the world is changing fast.**

Recent polling from Mental Health Research Canada tells us that fully 24% of Canadians report feeling exhausted and burned out – on top of that, people who experience economic uncertainty report higher anxiety and depression, higher rates of thoughts about suicide, and substance dependency. Waypoint is located in the fastest-growing region in the province—and one of the fastest-growing in the country. This rapid growth is amplifying challenges, particularly for older adults.



# Giving Options

## Gift in Your Will

You can name Waypoint to receive an amount, percentage, or residue of your estate once your family and friends have been considered. Your estate will receive a donation receipt for the value of your gift, reducing taxes payable on your final return.

## Gift of Stocks or Securities

If you give a gift of appreciated stocks, bonds or mutual fund units to Waypoint, you will be 100% exempt from capital gains taxes, making this one of the easiest ways to give – and you'll receive a donation receipt for the value of the securities transferred.

## Gift of RRSP/RRIFs

You can name Waypoint as a direct beneficiary of your RRSP, RRIF, or Canada Pension assets and receive tax benefits as a result. This type of gift will turn potential tax liabilities in your final tax return into a gift to support Waypoint.

## Gift of Life Insurance

There are two main ways to make a gift of life insurance: you can name Waypoint as the beneficiary of an existing policy, or you can purchase a policy and name Waypoint as the owner and beneficiary of the policy. This type of donation allows you to make a sizable gift with only small annual or monthly payments. In addition, there is a tax credit available for immediate tax relief.



# Imagine the impact you can make.

Your personal gift plan will allow you to achieve your own philanthropic goals while maximizing financial benefits for you or your estate. However you decide to give, the impact of your gift will make a difference to the future of compassionate mental health, addiction, and specialized geriatric care, groundbreaking research, and the lives of individuals and families seeking hope and healing through Waypoint.



## Waypoint is trusted as the right place for your support.

Waypoint has learned a lot after over a century of successful work with mental health and addiction services, care for frail seniors, health care worker training programs, collaborations with local hospitals and community mental health agencies, and leading mental health, addiction, and seniors care researchers. We've also learned by training generations of caring medical students in mental health and addictions, and in rural medicine.

## What we can do doesn't stop there.

As the demand for better care in a crisis surges, donors have seen Waypoint increase outreach services and treatments for people at every stage of life – from young children through to seniors. With your kind and generous support, we can help to protect the well-being of you and the people you care about.

**You know how  
much it matters to  
have someone  
there when you  
need them most.  
At Waypoint  
Centre for Mental  
Health Care, no  
one is alone and  
no one is  
forgotten.**





By including us in your giving plans, you can help ensure that we will always be there as a compassionate beacon to the thousands of people in our communities, across the region, and beyond who are living with mental health and addiction challenges, and who are counting on us for support, dignity, and care when they need it most.

By leaving a lasting legacy for mental and substance use health, you are joining a community of visionary donors who understand that building a healthier future will take a concerted effort by caring individuals committed to breaking down stigma, advancing treatment, and investing in recovery for generations to come. Your personal legacy will honour your pride in standing up for those facing some of life's toughest challenges. And you will help light the way toward hope, recovery, and healing for the benefit of us all.

**Waypoint Centre for Mental Health Care is among a select group of hospitals in Canada to receive 'Accredited with Exemplary Standing' designation from Accreditation Canada. This recognition is the highest possible designation and confirms Waypoint's commitment to safety and continuous quality improvement.**



# Did you know?



1 in 4 Ontarians will experience a mental health or addiction issue in their lifetime—yet many will never receive the care they need due to long wait times and lack of access to specialized services.



Mental health and addictions are the leading cause of disability in Ontario, costing the economy an estimated \$51 billion annually in health care, lost productivity, and social services.



Emergency room visits for youth aged 5 to 24 related to mental health have more than doubled in the past decade, highlighting the urgent need for early intervention and dedicated youth mental health services.



Suicide is the second leading cause of death among youth and young adults in Canada, and over 75% of mental health issues begin before age 25—underscoring the importance of early, sustained support like the programs offered at Waypoint.



Mental illness is common in later-life, with an estimated 1 in 4 older adults are living with a mental disorder (most commonly dementia, depression or anxiety). Rates are even higher in long-term care.



Waypoint Centre is one of only four specialized mental health hospitals in Ontario, and the only one serving Central and Northern Ontario. Your legacy gift helps ensure equitable, expert care reaches people in both urban and underserved rural communities.







## **Join the Brighter Future Legacy Circle**

Tell us about your plans for a gift to Waypoint, and we will invite you to be part of the Brighter Future Legacy Circle. Your thoughtful gift will be recognized and we'll send you updates on the important work being done to champion the boundless potential of healing and recovery amidst some of life's greatest challenges.

The Brighter Future Legacy Circle reflects Waypoint's site on the beautiful shores of Georgian Bay, and the impact of the programs and services that support people's journey to a future of hope and recovery.

Your thoughtful gift will be recognized and we will share updates on the work being done through Waypoint thanks to your support.



When you're ready to start planning your gift, or if you've already included Waypoint in your will, please contact Cindy Ball at 705-333-0877 or [cball@waypointcentre.ca](mailto:cball@waypointcentre.ca). All inquiries are treated confidentially.

Also, speak with your own financial planner or personal advisor about your wishes to include Waypoint in your will.

**Legal name: Waypoint Centre for Mental Health Care**  
**Registered Charitable Number: 83836 7027 RR0001**



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